

AsperCreme with 4% lidocaine: Apply a layer to the affected area of skin, four times daily



Salonpas with 4% lidocaine: Apply one patch to the affected area and leave for 12 hours. Only use one patch at a time. Do not use more than 2 patches per day.



Tiger Balm: Rub over the affected area up to four times daily



Voltaren: Rub over the affected area up to four times daily

